

Speak UP #PINKSHIRTDAYNZ  
STAND TOGETHER  
STOP BULLYING

KÖRERO MAI, KÖRERO ATU, MAURI TŪ, MAURI ORA

FRIDAY 20 MAY 2022

Te Kura Tuatahi O Pukekura  
Welbourn School



Mental Health Foundation  
mauri tū, mauri ora OF NEW ZEALAND

Newsletter 13

12th May 2022

Tena ra koutou ki nga hau e wha; Greetings to everybody; Kia ora, Talofa lava, Bonjour, Ni men hao, Guten Tag, Konnichi wa, Buenos dias, Kem cho, Salam Alaikum, Namaste, Huan Yin, Anyunghaseyoo, Bom dia, Ahoj, Xin Chão Nêih hoũ, Goeie more, Shalom.

Key Competency Focus: Thinking - Te whakaaro

Nau mai ki Te Kura Tuatahi O Pukekura

Welcome to Welbourn

Orson Lonsdale

### 2022 Term Dates

#### Term 2

Tuesday 31st May—Open Classroom  
12pm—2pm

Monday 6th June - Queen's Birthday

Tuesday 7th June - Teacher only Day

Friday 24th June - Matariki Holiday

End of Term 2 - Friday 8th July

### KINDNESS MATTERS—BULLYING FREE WEEK May 16th -20th



At Welbourn, we work hard as a school community to grow our understanding around how much KINDNESS MATTERS every day. With "Bullying Free NZ Week " next week, the Student Council are working hard to get important messages out around the school and plan some fun, lunchtime activities for the children around being KIND. The Bullying Free NZ website defines what bullying is, so that we all have a clear understanding of this. They state that : Bullying is when someone keeps picking on you over and over again. It can be physical (like hitting or kicking you), verbal (like putting you down or spreading rumours) emotional (excluding you from groups, taking your stuff or forcing you to do things you don't want to), or online (posting nasty things about you, sending embarrassing pictures or videos of you to others). Bullying can happen face-to-face, online or on mobile phones. It can happen in front of everyone or when no one else is watching. Sometimes you might fight or argue with someone. If this happens only once, it's

not bullying, even though you might feel upset.

As part of Bullying Free Week, **PINK shirt day is celebrated on Friday May 20th**. We look forward to seeing you all wear PINK next Friday as we Kōrero Mai, Kōrero Atu, Mauri Tū, Mauri Ora – Speak Up, Stand Together, Stop Bullying!



### NETSAFE GUIDE to Online Bullying

One in five young people in New Zealand have been the target of online bullying – it can happen to anyone, and it can be hard for parents to deal with. Netsafe has advice for parents on what to do if you think your child is being bullied online:

**Stay calm:** Your child needs to be able to talk to you and know that you'll be level headed, thoughtful and helpful in your response.

**Evaluate the situation:** It's important to know exactly what's going on before you can work out what to do next. Is it a few off hand remarks, or is it something more serious?

**Understand how your child is being affected:** If your child is upset about a situation, let them know that you understand and it's OK to be upset, but also that you are really pleased they came to talk to you.

**Avoid taking away the technology:** Taking away your child's device can alienate them from their most important network – their peers and it will probably mean they will be less likely to talk to you when things don't go as planned in the future.

**Block or report content:** Teach your child how to use the features available on most social networking sites including blocking and unfriending people and reporting content. You should also show them how to update privacy settings on social media – if you're not sure how, visit the safety centres of the social media platforms they use. You may want to block phone numbers that are sending bullying or abusive messages.

**Ask for help:** You can contact Netsafe at any time for free help and advice on what you might be able to do to help your child. If the bullying is happening at school, or involves students at the school you can also contact your child's teacher to talk about the situation and options available to resolve things.

For more information about online bullying visit [netsafe.org.nz/parents-bullying/](https://netsafe.org.nz/parents-bullying/)

Phone: 757 5810

Mobile: 027 723 7295

e-mail: [office@welbourn.school.nz](mailto:office@welbourn.school.nz)

website: [www.welbourn.school.nz](http://www.welbourn.school.nz)



## 2022 Kiwi English, Mathematics and Science Competitions.

These entries need to be in at the office with payment tomorrow morning **Friday 13th**.

**ROAD PATROL - PARENT HELP NEEDED PLEASE** on the following day Thursday from 8:25 to 8:55am.

Please contact our school office if you can help us out. Thank you.

At this time of unpredictable weather, its a great idea if children can have a change of clothes in their bags in case of slip overs or being caught in the rain at break times. We have minimal clothes at the office and often don't have the right size. Many thanks. Also if you have any boys or girls pants, leggings or shorts that we could have - we would appreciate them to add to our collection. Many thanks.



### Sports News -

#### Winter Football -

Looking to expand your knowledge as a coach?

Central Football – Taranaki will be delivering NZF Junior Level 1 Coaching Award later this month.

**Date: Sunday 22nd May 2022**

**Location: Sport Taranaki, Yarrow Stadium, Maratahu Street.**

**Time: 10am - 2pm**

**Cost: \$35**

Register via MYCOMET

6-8th grade football will be based at a Hub, with 2 Hub exchanges during the season.

Grade 9-11 will play home and away games.

#### Netball (Yr 3-6)-

Future Ferns yr 3-4 will play on a Thursday after school. Season starts 5th May 2022. This grade consists of fundamental skills and then a modified game of 5 v 5 on 2/3rds of the court.

Future Ferns yr 5-6 will play on a Tuesday after school. Season starts 3rd May 2022. This is a modified game of 6v6 with rolling substitutions on a full court

All games are held at Waiwhakaiho courts, Fitzroy.\_

#### Hockey (Yr NE-6)-

The season starts Saturday 7th May 2022.

The games are on Saturdays between 8.30am and 1pm at the Hockey Turf, Hobson Street.

Mini Sticks Yr 3+4 - 6 a side

Kiwi Sticks Yr 5+6 - 6 a-side

#### Basketball (Yr 5-6).

Season starts 9th May 2022. Games are played at the TSB Stadium on Monday between 4-6:40pm.

#### Miniball NE through to Yr 4.

**Due to a high number of teams this year, Yr 1-2 Miniball games will be played Monday or Wednesday. Yr 3-4 Miniball will be Tuesdays and Wednesdays.**

Season starts 9th May 2022. Games are played at the TSB Stadium.

**Any queries to: Sam Cresswell port Administrator, Welbourn School Phone: 757 5810 email: sport@welbourn.school.nz**

## Community Notices



Nga Mihi Kind regards

**John Carr: Principal**